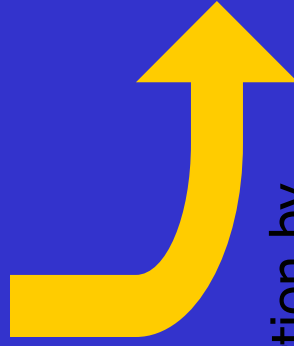


Antiretroviral therapy

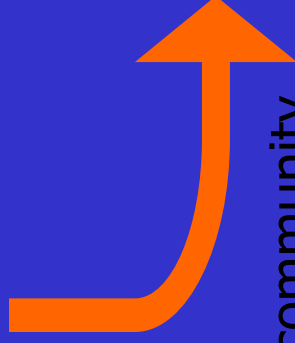
Selection of candidates

**Patients regularly attending
Infectious disease clinics**



Pre-selection by
clinicians

**Patients meeting clinical
and biological criteria**



Final selection by community
selection committee

**Patients meeting social and
adherence criteria**

Clinical criteria & Biological criteria

- WHO stages 3 or 4, or asymptomatic patients with CD4⁺ T cells <50/mm³
- Karnofsky Performance Score >40%
- CD4⁺ T cell count from 0 to 200/mm³

3) Antiretroviral therapy

Selection of patients

- Adherence criteria
 - Attending clinics for at least 3 months
 - On-time to last 4 visits
 - Adherence to prophylaxis

Community selection committee

- Composition
 - (District CMO)
 - 1 GP (chairman)
 - 1 public service MD
 - 2 lay counselors (NGO's)
 - 2 community nurses
 - 2 PLHA's

Social criteria

- Resident of Khayelitsha
- Acceptance of support network (treatment assistant, attendance at support groups)
- Score system based on:
 - Is the candidate in urgent need of treatment ?
 - Home situation / relatives direct support
 - Personality of the candidate
 - Monthly income of the candidate
 - Other family member under ARV ?

Informed Consent: procedure

1. Developing the general culture about ART : project Ulwazi (TAC)
2. Pre-selection of potential candidates
3. 'Feelings' of candidate after individual counseling by specifically trained lay counselors
4. Home visit and interview of candidate and treatment assistant
5. Selection committee decision
6. First visit to clinic : results of selection and reading of informed consent form
7. Client ask to discuss home and come back for second visit : signature of consent form

Informed consent form : content

- Mandatory elements ; ethics committee approval
- English and isiXhosa produced
- Components

| | |
|------------------|---|
| Introduction | Potential Risks |
| Background | Potential Benefits |
| Study purpose | Insurance/compensation for injuries sustained |
| Study Length | Confidentiality |
| Study Costs | Persons to contact in case of problems or questions |
| Study Procedures | Signature |